

Student Wellness Policy Assessment

Site: LCCA

Sponsor: Lake Charles Charter Academy Foundation, Inc

Section 1		Fully in Place	Partially in Place	Under Development	Not in Place
<u>Nutrition Education and Promotion</u>					
Health education taught in all grades		✓			
Sequential health education curriculum consistent with standards		✓			
Essential topics on physical activity		✓			
Essential topics on healthy eating		✓			

Section 2		Fully in Place	Partially in Place	Under Development	Not in Place
<u>School-based Activities Designed to Promote Student Wellness</u>					
Provide adequate time for students to eat breakfast (at least 10 minutes)		✓			
Provide adequate time for students to eat lunch (at least 20 minutes)		✓			
Access to free drinking water		✓			
Access to hand washing before meals and snacks		✓			

Section 3		Fully in Place	Partially in Place	Under Development	Not in Place
<u>Physical Activity</u>					
Recess		✓			
Adequate physical activity facilities		✓			
Adequate time for physical activity		✓			
Prohibit using physical activity as punishment		✓			

Section 4		Fully in Place	Partially in Place	Under Development	Not in Place
<u>Nutrition Guidelines for Foods Sold During the School Day</u>					
All foods offered or sold during the school day meet strong nutritional standards		✓			
All beverages offered or sold during the school day meet strong nutritional standards		✓			
Fundraising efforts during school hours meet strong nutritional standards		✓			
Prohibit using food as punishment		✓			

<p><i>Dr. Pamela Aubrey</i> Name</p>	<p><i>Dr. Pamela Aubrey</i> Signature</p>	<p>11/14/16 Date</p>
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